

2023

 **Auraplus**

Better sleep for everyone

Sausis / January

	1	2	3	4	5
P	2	9	16	23	30
A	3	10	17	24	31
T	4	11	18	25	
K	5	12	19	26	
P	6	13	20	27	
Š	7	14	21	28	
S	1	8	15	22	29

Vasaris / February

	5	6	7	8	9
	6	13	20	27	
	7	14	21	28	
	1	8	15	22	
	2	9	16	23	
	3	10	17	24	
	4	11	18	25	
	5	12	19	26	

Kovais / March

	9	10	11	12	13
	6	13	20	27	
	7	14	21	28	
	1	8	15	22	29
	2	9	16	23	30
	3	10	17	24	31
	4	11	18	25	
	5	12	19	26	

Balandis / April

	13	14	15	16	17
P	3	10	17	24	
A	4	11	18	25	
T	5	12	19	26	
K	6	13	20	27	
P	7	14	21	28	
Š	1	8	15	22	29
S	2	9	16	23	30

Gegužē / May

	18	19	20	21	22
	1	8	15	22	29
	2	9	16	23	30
	3	10	17	24	31
	4	11	18	25	
	5	12	19	26	
	6	13	20	27	
	7	14	21	28	

Birzēlis / June

	22	23	24	25	26
	5	12	19	26	
	6	13	20	27	
	7	14	21	28	
	1	8	15	22	29
	2	9	16	23	30
	3	10	17	24	
	4	11	18	25	

Liepa / July

	26	27	28	29	30	31
P	3	10	17	24	31	
A	4	11	18	25		
T	5	12	19	26		
K	6	13	20	27		
P	7	14	21	28		
Š	1	8	15	22	29	
S	2	9	16	23	30	

Rugpjūtis / August

	31	32	33	34	35
	7	14	21	28	
	1	8	15	22	29
	2	9	16	23	30
	3	10	17	24	31
	4	11	18	25	
	5	12	19	26	
	6	13	20	27	

Rugsējis / September

	35	36	37	38	39
	4	11	18	25	
	5	12	19	26	
	6	13	20	27	
	7	14	21	28	
	1	8	15	22	29
	2	9	16	23	30
	3	10	17	24	

Spalis / October

	39	40	41	42	43	44
P	2	9	16	23	30	
A	3	10	17	24	31	
T	4	11	18	25		
K	5	12	19	26		
P	6	13	20	27		
Š	7	14	21	28		
S	1	8	15	22	29	

Lapkritis / November

	44	45	46	47	48
	6	13	20	27	
	7	14	21	28	
	1	8	15	22	29
	2	9	16	23	30
	3	10	17	24	
	4	11	18	25	
	5	12	19	26	

Grudis / December

	48	49	50	51	52
	4	11	18	25	
	5	12	19	26	
	6	13	20	27	
	7	14	21	28	
	1	8	15	22	29
	2	9	16	23	30
	3	10	17	24	31

